

# PSYL 1001: INTRODUCTION TO PSYCHOLOGY

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Course outlines are reviewed annually as part of continual quality improvement. This course was last updated for the effective term below.

**Effective Term**

Fall 2018

**Full Course Title**

Introduction To Psychology

**Subject Code**

PSYL - PS Psychology

**Course Number**

1001

**Academic Level**

Post Secondary

**Grade Mode**

Numeric

**PLAR Applicable**

Yes

**Total Hours**

42

**Course Description**

Students are introduced to the development of psychology as a science, including key concepts and theories, and their application to real life situations. Through exploration of topics such as stress, learning, memory, motivation, and perception, students will better understand why they think and behave the way that they do. Students learn about the unique contribution of psychology to all contexts of life by exploring current research in an ever-evolving world.

**Equivalent(s) Courses (One-Way)**

DSW 6104 - Introduction To Psychology 1  
PFP 1020 - Introduction To Psychology  
PFPR 1015 - Intro to Psychology (ODE)  
PSY 5106 - Psychology  
PSY 5116 - Introduction To Psychology  
PSY 5119 - Nursing Psychology 1  
PSY 5121 - Psychology  
PSY 5128 - Introductory Psychology  
PSY 6109 - Introduction To Psychology 1  
PSY 9101 - Introduction To Psychology  
PSYC 1000 - Introduction to Psychology 1  
PSYC 1003 - Introduction to Psychology 1

**Equivalent(s) Courses (Two-Way)**

PFPR 1007 - Introduction To Psychology

**General Education Themes**

The following themes will be used to provide direction to colleges in the development and identification of courses that are designed to fulfill the General Education requirement for programs of instruction:

Personal Understanding

**Course Content**

- Introduction to psychology
- Psychological perspectives
- Research methods

- Sensation and perception
- States of consciousness
- Learning
- Memory
- Motivation and emotion
- Health, stress, and coping

## Course Evaluation

**The passing grade for this course is 50% unless otherwise noted below. The evaluation is comprised of:**

- Tests 75%
- Assignments/In-class assessments 25%

This course has no final exam and no supplemental privileges. The pass mark in the course is 50%. However, if you wish to use this course as a credit towards your diploma, PLEASE CHECK THE ACADEMIC GUIDELINES FOR YOUR PROGRAM. The mark you need may be higher than 50%.

**Tests/examinations/assignments must be written/submitted at the time specified. Requests for adjustments to that schedule must be made before the test/exam/assignment date to the faculty member. Failure to do so will result in a mark of "0", unless an illness/emergency can be proven with appropriate documentation at no cost to the College.**

**The passing grade for all courses is 50%, or letter grade of P (Pass) or S (Satisfactory) unless otherwise noted below. The passing weighted average for promotion through each semester of a program is 60% and is a requirement to graduate.**

## Course Learning Outcomes

**Upon successful completion of this course, the student has reliably demonstrated the ability to:**

1. identify the ways in which psychology differs from other fields of study;

**This learning outcome meets the following Essential Employability Skills(s):**

EES1: Communication  
 EES2: Response to communication  
 EES4: Approaches to problem solving  
 EES5: Critical thinking to solve problems  
 EES6: Organization of information  
 EES7: Application of research and information  
 EES8: Respect for others  
 EES9: Interaction and collaboration  
 EES10: Time and resource management  
 EES11: Responsibility for actions

### Evaluation

Introduced  
 Assessed

**Upon successful completion of this course, the student has reliably demonstrated the ability to:**

2. explain psychological processes involved in sensation, perception, learning, memory, motivation, emotion, states of consciousness, and health;

**This learning outcome meets the following Essential Employability Skills(s):**

EES1: Communication  
 EES2: Response to communication  
 EES4: Approaches to problem solving  
 EES5: Critical thinking to solve problems  
 EES6: Organization of information  
 EES7: Application of research and information  
 EES8: Respect for others  
 EES9: Interaction and collaboration  
 EES10: Time and resource management  
 EES11: Responsibility for actions

### Evaluation

Introduced  
 Assessed

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**Upon successful completion of this course, the student has reliably demonstrated the ability to:**

3. describe major developments and research methods used in psychology;

**This learning outcome meets the following Essential Employability Skills(s):**

EES1: Communication  
EES2: Response to communication  
EES4: Approaches to problem solving  
EES5: Critical thinking to solve problems  
EES6: Organization of information  
EES7: Application of research and information  
EES8: Respect for others  
EES9: Interaction and collaboration  
EES10: Time and resource management  
EES11: Responsibility for actions

**Evaluation**

Introduced  
Assessed

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**Upon successful completion of this course, the student has reliably demonstrated the ability to:**

4. differentiate between scientific and non-scientific information about human behaviour and mental processes;

**This learning outcome meets the following Essential Employability Skills(s):**

EES1: Communication  
EES2: Response to communication  
EES4: Approaches to problem solving  
EES5: Critical thinking to solve problems  
EES6: Organization of information  
EES7: Application of research and information  
EES8: Respect for others  
EES9: Interaction and collaboration  
EES10: Time and resource management  
EES11: Responsibility for actions

**Evaluation**

Introduced  
Assessed

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**Upon successful completion of this course, the student has reliably demonstrated the ability to:**

5. analyze the variety of factors affecting sensation, perception, consciousness, learning, memory, motivation, emotion, and health;

**This learning outcome meets the following Essential Employability Skills(s):**

EES1: Communication  
EES2: Response to communication  
EES4: Approaches to problem solving  
EES5: Critical thinking to solve problems  
EES6: Organization of information  
EES7: Application of research and information  
EES8: Respect for others  
EES9: Interaction and collaboration  
EES10: Time and resource management  
EES11: Responsibility for actions

**Evaluation**

Introduced  
Assessed

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**Upon successful completion of this course, the student has reliably demonstrated the ability to:**

6. apply psychological concepts and principles to situations in everyday life.

**This learning outcome meets the following Essential Employability Skills(s):**

EES1: Communication  
EES2: Response to communication  
EES4: Approaches to problem solving  
EES5: Critical thinking to solve problems  
EES6: Organization of information  
EES7: Application of research and information  
EES8: Respect for others  
EES9: Interaction and collaboration  
EES10: Time and resource management  
EES11: Responsibility for actions

**Evaluation**

Introduced  
Assessed

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Key: 24653