Learning Important Concepts and Acronyms with Gestures

Suggested Procedure:

PREAMBLE

“Now, this is important, so I want everyone to mimic my gestures as I speak. Model what I do with BIG gestures.”

Ex. *Forming-Storming-Norming-Performing*

 *(The concepts and their explanations are on a board visible for the entire procedure to all.)*

1. INTRODUCTION
2. “*Forming* is the group coming together.”

*Join hands as if in prayer. Make sure everyone is doing the same.*

1. “*Storming* is the group experiencing some difficulties in working together.”

*Mimic an explosion by separating your hands dramatically. Make sure everyone is doing the same.*

1. “*Norming* is the group getting comfortable working together.”

*Clasp your hands and shake vigorously. Make sure everyone is doing the same.*

1. “*Performing* is the group creating amazing things together.”

*Show jazz hands above your shoulder. Make sure everyone is doing the same.*

1. TEACHING
2. “Now turn to your neighbour. Explain the four concepts *Forming-Storming-Norming-Performing* using big gestures and great expression. Those of you listening, mimic their gestures with your hands.”

*One leader teaches while the other mimics gestures.*

1. “Now switch places. Your neighbour will teach you the concepts and you will listen, while everyone always using big gestures.”